

# CANNABASICS 101

Understanding the 2019 Cannabis/Marijuana  
Laws of California



**MARIJUANA AND BREASTFEEDING**

# IS MARIJUANA SAFE WHEN BREASTFEEDING? NO!

- Using marijuana while breastfeeding affects the development of the brain as infants are exposed to high content of THC in breastmilk.
- THC in marijuana is stored in body fat for a long period of time. Breastfeeding can expose babies to THC, as breastmilk contains a high content of body fat.
- Marijuana is also linked to low birth weight which can cause several health problems in a newborn, including infections, breathing problems, neurological problems and sudden infant death syndrome.



Rethinking Access to Marijuana



@LACountyRAM

For more info and a list of sources, visit website or scan:

